

Participant agreements

Bill Moyer, April, 1998

The following are the agreements for participating in the class. These nine agreements are guidelines to help you participate in the class in ways that carry out the Peaceful Model of human relationships. You can also use these agreements as a basis for your daily relationships.

I AGREE:

1. **That I am entitled to my opinion and experience, regardless of whether others think it is right or wrong.**
2. **That everyone else is entitled to her/his opinion and experience, regardless of whether I think it is right or wrong.**
3. **To discuss, not argue.**
4. **To listen to everyone's opinions and experience without interrupting or arguing afterwards.**
5. **To disclose my opinions and experience without trying to convince others that I am right.**
6. **To share the group's time equally.**
7. **That I am 100% responsible for asking for 100% of what I need, 100% of the time - and then negotiating.**
8. **To use "I statements."**
9. **That I will not disclose outside of the workshop any information that other participants disclose about themselves.** (This is known as the "Confidentiality" Agreement. Its purpose is to make the workshop a safe place for everyone to talk freely about themselves, without fear that it will be repeated outside the group.)